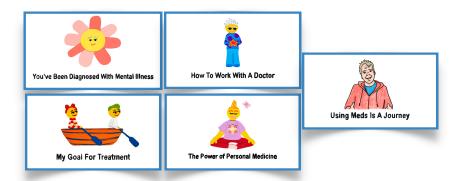# Medication Empowerment

Using psychiatric medication to help us get the life we want is more than learning to take meds on schedule. It's a journey that takes place over time and that has many challenges. Medication Empowerment is a guided process of identifying and working through personal challenges with using medication.

Medication Empowerment Includes:

‣ 14 **animated videos u**sed directly with program **participants** and **family** members
  ‣ **Foundations:** representing what every person who uses psychiatric meds should know
  ‣ **Challenges:** common challenges experienced by people who use psychiatric meds
‣ Interactive **self-report** used to identify which, if any, challenge is being experienced.
‣ Accompanying **worksheets** in English and Spanish are form-fillable for use in Telehealth
‣ Self-paced **e-learning** to support clinical and peer staff expertise in Medication Empowerment

Contact us at *coaching@patdeegan.com* to get started.

You've Been Diagnosed With Mental Illness

How To Work With A Doctor

Using Meds Is A Journey

My Goal For Treatment

The Power of Personal Medicine

I'm Not Sure Meds Are Working

I Have Side Effects

Meds Have Changed Me

I Like To Get High

I'm Not Motivated To Take Meds

I'm Questioning Meds

I'm Concerned About Meds and My Health

I'm Tired Of Taking Meds

Sometimes It's Hard To Trust A White Doctor

ME – Program Pricing

Basic

$125/month

Tools & Training

✓ Participant videos and accompanying worksheets

✓ Self-paced e-learning courses for clinicians

✓ Self-paced e-learning courses for peer supporters

✓ Unlimited accounts within your program

One month free with Annual Payments: **$1375/year**

Pro

$250/month

Tools, Training & Data

✓ Participant videos and accompanying worksheets

✓ Self-paced e-learning courses for clinicians

✓ Self-paced e-learning courses for peer supporters

✓ Unlimited accounts within your program

✓ Implementation consultation

✓ Quarterly data report *(e-learning progress, logins, pre/post testing, course feedback)*

One month free with Annual Payments: **$2750/year**

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ME – Enterprise Pricing

Basic
$10,000/yr
Tools & Training

✓ Unlimited resource downloads

✓ Unlimited access to Clinician and Peer Supporter e-learning courses

✓ Unlimited accounts & programs

Pro
$15,000/yr
Tools, Training & Data

✓ Unlimited resource downloads

✓ Unlimited access to Clinician and Peer Supporter e-learning courses

✓ Unlimited accounts & programs

✓ Implementation consultation

✓ Quarterly data report *(e-learning progress, logins, pre/post testing, course feedback)*

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